

Why Write?

By Katherine Elizabeth Curtis

Writing is an expression of your true self that is deeper than any other form of communication can allow. It releases you to the unlimited expression of your thoughts and beliefs. It drives you and compels you to understand your inner self so that it can then be expressed to others. It forces you to dig through and assess your thoughts and opinions allowing them to fit together in the way that most fully and convincingly expresses your point. Writing frees you to release the inner, incomprehensible thoughts that might otherwise remain forever dormant and undefined.

Communicating through writing allows you a freedom and a powerful aid to true expression that verbal communication can not give: Solitude. To sit alone with only paper and a pencil with your thoughts to keep you company frees you to communicate your deepest thoughts and forces you, protected from others' distractions and interruptions, to evaluate the truth and logic behind what you think. Free from others interruptions or verbal feedback, the mind is forced to ponder its conclusions and its points and find out if they really are valid. Unaided by others agreement or approval, you are compelled to evaluate the truth from all sides supporting your statements and opinions. You are forced to assess them to their core, finding their weaknesses and their strengths, in order to find if you are convinced enough to persuade others.

Having driven you to deep, inner soul searching, writing then allows you the ability and the time to form those same thoughts into something incisive and convincing. The solitude and time become your top allies, enabling you to both discover the full support behind your thought and then formulate it into the clearest expression possible. The assessing and evaluating of your thoughts have brought you to a clearer and deeper understanding of their true meaning. And this analyzing now works to your advantage, allowing you to most fully understand your thoughts and your points and to draw out all the bits of information and opinions that support your point. With the benefit of uninterrupted time, the mind is freed to push and pull and move your thoughts around as often as necessary until they most effectively and convincingly build to your climax and incisively prove your point.

Writing is the freedom to not only communicate well, but to express your genuine self. It releases you from the limitations of others' opinions and interruptions and allows you to communicate the whole of what you have to say. It enables you to be truly honest in expressing all you feel and think, unhindered by the ever-present fear of others' rejection or disapproval. Not having to face your audience prevents you from being unconsciously swayed or limited in your statement. By communicating your thoughts through impersonal writing, you are able to let loose the torrent of genuine, personal thoughts inside you that might otherwise never be released.

To write is to be free. Free to finally express the inner thoughts and burnings that never seemed to find an outlet. Free to finally pull out the jumble of mixed-up thoughts and opinions and feelings buried deep inside your mind piece by piece. Free to spin

those thoughts out one by one from their tangled mass into something clear, tidy, and compact. Those fires that burned within you, undefined and tangled up in one another have been released to be understood by you and to be expressed in their fullness as your gift to the world. The gift of yourself.