

## *Tips on how to treat my brothers in Christ:*

1. *Make them feel needed, both physically and emotionally.*
2. *Recognize their strengths and compliment them, both in private and in public.*
3. *Be gracious with them; they can't fully understand us women, so give them a break!*
4. *Be sympathetic when they can't do something, don't mock them for it.*
5. *Let them do things for you such as get you a chair, take out the trash, get something you can't reach, open the door for you, etc.*
6. *Thank them if they do something for you, or even try to do something for you or give advice.*
7. *Don't compliment a guy on something in front of another guy who tried the same thing and failed.*
8. *Let them be comforting to you when you're upset or depressed. Don't lie and say nothing is wrong when it's not true.*
9. *Let them be your protectors and defenders. Encourage that trait in them.*
10. *If you ask a guy to help out with something and he's having trouble, don't be quick to get another guy to do it instead.*
11. *Don't underestimate them, especially in the area of physical strength.*
12. *Don't compare them to each other or to other guys you know.*
13. *Compliment them on things that would point them to Christ. (Don't just say that he's handsome; tell him he's handsome and that he is godly or full of integrity). Encourage them in their walk with the Lord.*
14. *If something is noticeably hard for a guy, encourage him instead of discouraging him. Guys feel either empowered or weak through a woman's words.*
15. *Don't dress immodestly around them or touch them, talk to them, or look at them in ways that may cause them to see you as something other than a sister-friend. Treat them with absolute purity and love; a love that is wise, humble, and full of integrity.*