

Beef Stroganoff



- 2 lb Stew beef**
- 1 Large onion**
- 2 T oil**
- 3 Cubes beef bullion**
- 1 Quart sour cream (room temp)**
- 2 T corn starch in ½ cup water or milk**
- ½ tsp Granulated garlic**
- Salt and pepper to taste**

Brown stew beef with onion in oil add ½ gl of water, beef cubes and simmer until meat is tender. Add spices then mix in the sour cream and blend with spoon until smooth. Finish with the corn starch to thicken. Serve over rice or egg noodles

Steve Smith